

Flora Bare

Personal

Website: florabarearts.com

Email: floramaebare@gmail.com

Member of: ATHE, ATME

Education

London International School of Performing Arts- MFA Lecoq based Actor/Creator, 2007-2009

Accademia dell'Arte, Italy- Commedia dell'arte/Roy Hart Voice training, 2005-2006

University of California, Santa Cruz - Post-graduate Certificate in Performance, 2004-2005

University of California, Davis- BA, Theatre Arts, Minor in Sports Psychology, 1999-2003

Certifications:

Teaching Clown Certification- The Clown School, Virtual (2026)

Unarmed Stage Combat (SAFD Recommended): Jeff Jones, Raleigh, NC (2025)

Consent Forward Artist: IDC, Virtual (2023)

RYT200 Yoga: Zen Yoga Garage, Chicago, IL (2018)

Teaching

Longwood University- (2026, Farmville, VA)

Masterclass, 'Clown'

Burning Coal Theatre- (2025, Raleigh, NC)

Master Class, 'The Embodied Character'

NC State University- (Current, Raleigh, NC)

Adjunct Professor, Yoga

UNC Chapel Hill- (Spring 2025, Chapel Hill, NC)

Visiting Lecturer, MFA 2 Movement- Clown/Acrobatics

Wake Tech Community College- (2023-2024, Raleigh, NC)

Adjunct Professor- Acting 1/Acting 2

Guest Artist Director

Vault Theatre- (2023-Current, Durham, NC)

Durham Public School Masterclass Instructor, Physical Theatre

National Women's Theatre Festival- (2023, Raleigh, NC)

Master Class- 'Doors to Devising'

Cary Arts Center- (2022-2023, Cary, NC)

Instructor of Acting & Physical Theatre

The Theatre School, DePaul University- (2019-2022, Chicago, IL)

Adjunct Professor- MFA3, BFA2 Acting and Comedy Arts Programs

Movement- Yoga, Acrobatics, Clown & Physical Comedy

Guest Professor- 'Acting for Non-Majors' and 'Theatre for Social Justice'

Movement Director/ Choreographer- Squirrel Girl Goes to College (Merle Reskin).

Goosebumps, The Musical (Merle Reskin)

Director- 'Clown Cabaret' (MessFest, Watts Theatre)

Columbia College, Chicago- (2019-2022, Chicago, IL).

Adjunct Professor- MFA Program 'Acting and Performance Making'. Voice and Movement,
Advisor for Thesis Projects

The Actors Gymnasium- (2016-2022, Evanston, IL)

Instructor for Professional Training Circus/Theatre Program
Acrobatics, Yoga, Inversions, Physical Theatre, Strength, and Flexibility

Moraine Valley Community College- (2019, Palos Heights, IL)

Master Class- Voice, Movement & Auditioning techniques

Actors Training Center- (2021, Wilmette IL)

Master class- Physical Theater/Clown

Theater Unspeakable- (2013-2022, Chicago, IL)

Instructor/Company Member/Director
Clown, Physical Comedy, Ensemble Performance, Solo Storytelling

Uptown Fitness- (2018, Chicago, IL)

Yoga Instructor- Vinyasa

IK Gymnastics- (2015-2018, Chicago, IL)

Program Developer/Choreographer

National Center for Circus Arts- (2010-2012, London, UK)

Head Instructor for Youth and Adult Acrobatic Program
Tumbling, Partner Conditioning, Functional Fitness and Hand Balancing

Richmond Gymnastics Association- (2007-2010, London, UK)

Program Director
Choreographer

University of California, Santa Cruz- (2005/2010, Santa Cruz, CA)

Teachers Assistant for Acting and Theatre Appreciation (2005)
Master Class- Commedia dell'arte (2010)

Theatre Directing/Performance/Choreography

2026

Newsies, Burning Coal Theatre, Raleigh, NC- Director/Choreographer(July)
The Hobbit, Raleigh Little Theatre, Raleigh, NC- Director
My Fair Lady, Burning Coal Theatre, Raleigh, NC- Choreographer
Metamorphosis, Kafka/Berkoff- Bare Arts Productions, Durham, NC- Director/Producer
Música, Música, Måximo, Música, Raleigh Little Theatre, Raleigh, NC-Director

2025

Dracula: A Feminist Revenge Fantasy, Really, Justice Theatre Project, Raleigh, NC- Director
Once, Burning Coal Theatre, Raleigh, NC- Choreographer
The Wheels on the Bus, Raleigh Little Theatre- Director
The Tempest, Cary Arts Center, Cary NC- Director
Paint Me This House of Love, Burning Coal Theatre Company, Raleigh, NC- Director

2024

Haughey/Gregory, Burning Coal Theatre Company, Raleigh, NC- Director
Ricochet, Nouveau Sud Circus Project, Charlotte, NC - Director
Kennedy Center American College Theater Festival Region IV, Albany, GA
Blumenthal Performing Arts Center, Charlotte, NC

2023

Butterfly Wings, Burning Coal Theatre Company, Raleigh, NC- Actor/Musician
James and the Giant Peach, Cary Arts Center, Cary, NC- Director
Table For Two, National Women's Theatre Festival, Raleigh, NC- Director, Performer, Producer
The Girl Who Swallowed a Cactus, Vault Theatre, Durham, NC- Director

2022

Goosebumps, The Musical, DePaul University, Reskin Theatre, Chicago, IL-
Movement Director/Choreographer
Skylark Inn, Facility Theatre, Chicago, IL- Director
Squirrel Girl Goes to College, DePaul University, Reskin Theatre, Chicago, IL-
Movement Director/Choreographer
Clown Cabaret, MessFest, DePaul University, Watts Theatre, Chicago, IL- Director
Eurydice, The Artistic Home, Chicago, IL - Movement Director/Choreographer

2020

Incomplete Conversations, Silent Theater, Chicago, IL- Actor
The Shakespeare Project, Theatre Unspeakable, Chicago, IL- Director

2019

The Skylark Inn, Links Hall, Chicago IL- Director
Table for Two, Borderlight Fringe Festival, Cleveland, OH- Producer, Performer, Creator
Jumble of Bones, Pivot Arts, Chicago, IL- Musician, Movement Director
Hitting on The Break (Staged Reading) Dandelion Theatre, Chicago, IL- Actor

2018

The Skylark Inn, The Den Theatre, Chicago, IL- Actor, Producer, Creator
Pit91- New Play Reading, Pivot Arts, Chicago, IL- Movement Director/Choreographer
Documentary Play Festival, Waltzing Mechanics, Chicago, IL- Actor
Moving Stories, The Living Room Playmakers, Chicago, IL- Actor

2015-17

Table For Two, Prop Theatre, Chicago, IL- Producer, Performer, Creator
Havana Nights (Large-scale circus event), Carnivale, Chicago, IL- Emcee/Performer
Quest (Winter Circus show), The Actors Gymnasium, Evanston, IL- Actor, Musician, Acrobat
Lulu, Silent Theatre, Chicago, IL- Actor
Theater UnSpeakable, National Tour, Lincoln Center, Kennedy Center- Company Member, Actor

2013-14

Borrowed from the Sea, La MaMa E.T.C. Puppet Slam, NYC, NY- Puppeteer
The Seagull, Columbia University, NYC, NY- Polina
Symphony of the Fourth Dimension, Centrifuge Arts Collaborative, NYC, NY-
Founding Member/Movement Director
The Shadow War, We Theater, Minneapolis, MN- Actor
Homage, Venus Theater Festival, NYC, NY- Actor, Musician

2010-12

One Extraordinary Day, STREB, 2012 London Olympics, London, UK- Aerialist, Dance Captain
Die Meistersinger, Royal Opera House, London, UK- Actor, Dancer, Fighter
Swifter, Higher, Stronger, Roundhouse Theatre, London- Actor, Acrobat, Deviser
Relax Your Face, UK and European Tour- Founding Company Member, Performer

Awards/Nominations/Residencies

Kennedy Center 2024 American College Theatre Festival- Citizen Artist Award, Ricochet (Director)
Wake Tech Community College, NC- 2023, Guest Artist Director
Broadway World Raleigh Awards, NC- 2023, Best Director (Nomination, The Girl Who Swallowed a Cactus)
The National Women's Theatre Festival, NC- 2023, Best Direction (Table For Two)
University of California, Davis- 2023, Athletic Hall of Fame Inductee, Gymnastics
Facility Theatre, Chicago, IL- 2022, Directing Residency
Links Hall, Chicago, IL- 2019, Co-Mission Artist/Directing Residency
Northern California Gymnastics Choreographer of the Year- 2016

Specialized Training

Unarmed Combat Certification (Recommended)- Jeff Jones, Raleigh, NC, 2025
Voice and Pedagogy (Wolfsohn/Hart)- Kevin Crawford, Virtual, 2024
Consent-Forward Artist Certificate- IDC, Virtual, 2023
The Invisible Clown- Misha Usov, Cirque du Soleil, Virtual, 2022
Bouffant Workshop- Eric Davis (Red Bastard), Virtual, 2022
Meisner Technique- The Artistic Home, Chicago, IL 2022
Gibberish Workshop- Carlos Gallegos, The Clown School, Virtual, 2022
Bringing Voice Together (Wolfsohn/Hart)- Kevin Crawford, Virtual, 2021
Clown Workshop- Joana Barbosa, Casa 11, Virtual, 2021
Corporeal Mime- Theatre de l'Ange Fou, Chicago, IL, 2020
RYS200 Hour Yoga Teaching Certification Program- Zen Yoga Garage, Chicago, IL, 2018
Odin Teatret, Cohabitation of Actor and Director- Eugenio Barba, Holstebro, Denmark, 2018
Old Town School of Folk Music- Guitar, Level 1-3, 2018-2022
Aerial Arts, Circus Summer Intensive- Actors Gymnasium, Evanston, IL, 2016-17
Dynamic Life Movement Intensive Workshop- Dance Alive, Los Angeles, CA, 2015
Viewpoints and Suzuki, Summer Intensive- SITI Company, Saratoga Springs, NY, 2014
Private singing lessons, Musical Theatre- NYC, NY, 2013
Argentine Tango, 4 Month Intensive- Andrea Genta, Montevideo, UR, 2013
National Center For Circus Arts (Formerly Circus Space)- Flying Trapeze, London, UK, 2011-12
Blind Summit Workshop, Bunraku Puppets- Cambridge, UK, 2011
Punch Drunk, Immersive Theater Practitioners Workshop- London, UK, 2011
Ghecko Theater Devising Master Class Series- Amit Lahav, London, UK, 2010
Wired Aerial Week Intensive, Aerial Dance- Liverpool, UK, 2010
Alexander Technique- Illan Reichel, London, UK, 2007-2009
Private Opera Lessons- Arezzo, Italy, 2006
Familie Floz, Full Headed Masks- Hajo Shuler, Arezzo, Italy, 2006

Red Nose Clown- Paco Gonzalez, Arezzo, Italy, 2006

Commedia dell'arte- Teatro Punto, Carlos Garcia Estevez, Arezzo, Italy, 2006

Red Nose Clown- Patty Gallagher, Santa Cruz, CA, 2005

Indonesian Puppetry and Mask- Kathy Foley, Santa Cruz, CA, 2005

Acting On Camera- Ralph Peduto, Santa Cruz, CA, 2005

Music/Film

Locke Management, Greensboro, NC- Commercial Talent

Nick Dufloth Band, Chicago, IL- 2018-19, Singer/Guitarist

Master Play, Chicago, IL- 2018, Cabaret Jazz Singer

Blacksite: The Musical!, Soft Cage Films, Chicago, IL- 2018, Dancer

Lulu, Silent Theatre, Chicago, IL- 2016, Actor/Dancer/Deviser

Brooklyn Blues, Instant Film, NYC, NY- 2014, Lead Actor, Writer

A Pick and a Hoe, London, UK- 2012, Singer/Guitarist