

# FLORA BARE

## Personal

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Member of: ATHE, ATME

## Education

**London International School of Performing Arts**- MFA Lecoq based Actor/Creator, 2007-2009  
**Accademia dell 'Arte, Italy**- Commedia dell'arte/Roy Hart Voice training, 2005-2006  
**University of California, Santa Cruz** – Post-graduate Certificate in Performance, 2004-2005  
**University of California, Davis**- BA, Theatre Arts, Minor in Sports Psychology, 1999-2003

## Certifications:

**Teaching Clown:** The Clown School, Virtual (Feb. 2025)  
**Unarmed Stage Combat:** Jeff Jones, Raleigh, NC (SAFD, Dec. 2024)  
**Consent Forward Artist:** IDC, Virtual (2023)  
**RYS200 Yoga:** Zen Yoga Garage, Chicago, IL (2018)

## Teaching

**UNC Chapel Hill**- (Spring 2025, Chapel Hill, NC)  
Adjunct Instructor, MFA 2 Movement- LeCoq/Clown

**UNC Charlotte**- (Spring 2025, Charlotte, NC)  
Guest Instructor for BA Directing Course- 'Devising for Directors'

**Aggregate Theatre & AMCS**- (Fall 2024, Raleigh, NC)  
Pre-BFA Training, Clown Workshop

**Wake Tech Community College**- (2023-Current, Raleigh, NC)  
Adjunct Professor- Acting 1/Acting 2/Theatre Appreciation  
Guest Artist Director

**Vault Theatre**- (2023-Current, Durham, NC)  
Durham Public School Instructor, Physical Theatre, Clown and Commedia dell'Arte

**National Women's Theatre Festival**- (2023, Raleigh, NC)  
Master Class- 'Doors to Devising'

**Cary Arts Center**- (2022-2023, Cary, NC)  
Instructor of Acting & Devising Youth Theatre  
Director of 'Applause!' Cary Youth Theatre

**The Theatre School, DePaul University**- (2019-2022, Chicago, IL)  
Adjunct Professor- MFA3, BFA2 Acting and Comedy Arts Programs  
Movement- Clown, Acrobatics and Physical Comedy

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Guest Professor- 'Acting for Non-Majors' and 'Theatre for Social Justice'  
Movement Director/ Choreographer- Squirrel Girl Goes to College (Merle Reskin).  
Goosebumps, The Musical (Merle Reskin)  
Director- 'Clown Cabaret' (MessFest, Watts Theatre)

**Columbia College Chicago-** (2019-2022, Chicago, IL).

Adjunct Professor- MFA Program 'Acting and Performance Making'.  
Voice and Movement  
Advisor for Thesis Projects

**The Actors Gymnasium-** (2016-2022, Evanston, IL)

Instructor for Professional Training Circus/Theatre Program  
Acrobatics, Physical Theatre, Strength, and Flexibility

**Moraine Valley Community College-** (2019, Palos Heights, IL)

Master Class- Voice & Movement/Ensemble Devising/Audition Techniques

**Actors Training Center-** (2021, Wilmette IL)

Master class- Physical Theater/Clown

**Theater Unspeakable-** (2013-2022, Chicago, IL)

Instructor/Company Member/Director  
Clown, Physical Comedy, Greek Chorus, Solo Storytelling

**Uptown Fitness-** (2018, Chicago, IL)

Yoga Instructor

**IK Gymnastics-** (2015-2018, Chicago, IL)

Gymnastics Instructor/Program Developer/Choreographer

**National Center for Circus Arts-** (2010-2012, London, UK)

Head Instructor for Youth and Adult Acrobatic Program  
Tumbling, Partner Conditioning, Functional Fitness and Hand Balancing

**Richmond Gymnastics Association-** (2007-2010, London, UK)

Program Director  
Coach and Choreographer

**University of California, Santa Cruz-** (2005/2010, Santa Cruz, CA)

Teachers Assistant for Acting and Theatre Appreciation (2005)  
Master Class- Commedia dell'arte (2010)

## **Theatre**

2025

*The Tempest*, Cary Arts Center, Cary NC (June/July) -Director  
*Paint Me This House of Love*, Burning Coal Theatre Company, Raleigh, NC (Jan./Feb.)-Director  
*Ricochet*, Nouveau Sud Circus Project, Charlotte NC- Director  
Hillsborough Community College, Tampa, FL- (Jan.)  
Coker University, Hartsville, SC- (March)

2024

*Haughey/Gregory*, Burning Coal Theatre Company, Raleigh, NC- Director  
*Ricochet*, Nouveau Sud Circus Project, Charlotte, NC – Director  
Kennedy Center American College Theater Festival Region IV, Albany, GA

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Blumenthal Performing Arts Center, Charlotte, NC

2023

*Butterfly Wings*, Burning Coal Theatre Company, Raleigh, NC- Actor/Musician  
*James and the Giant Peach*, Cary Arts Center, Cary, NC- Director  
*Table For Two*, National Women's Theatre Festival, Raleigh, NC- Producer, Performer, Creator  
*The Girl Who Swallowed a Cactus*, Vault Theatre, Durham, NC- Director

2022

*Goosebumps, The Musical*, DePaul University, Reskin Theatre, Chicago, IL-  
Movement Director/Choreographer  
*Skylark Inn*, Facility Theatre, Chicago, IL- Director  
*Squirrel Girl Goes to College*, DePaul University, Reskin Theatre, Chicago, IL-  
Movement Director/Choreographer  
*Clown Cabaret, MessFest*, DePaul University, Watts Theatre, Chicago, IL- Director  
*Eurydice*, The Artistic Home, Chicago, IL - Movement Director

2020

*Incomplete Conversations*, Silent Theater, Chicago, IL- Actor  
*The Shakespeare Project*, Theatre Unspeakable, Chicago, IL- Director

2019

*The Skylark Inn*, Links Hall, Chicago IL- Director  
*Table for Two*, Borderlight Fringe Festival, Cleveland, OH- Producer, Performer, Creator  
*Jumble of Bones*, Pivot Arts, Chicago, IL- Musician, Movement Director  
*Hitting on The Break (Staged Reading)* Dandelion Theatre, Chicago, IL- Actor

2018

*The Skylark Inn*, The Den Theatre, Chicago, IL- Actor, Producer, Creator  
*Pit91- New Play Reading*, Pivot Arts, Chicago, IL- Movement Director  
*Documentary Play Festival*, Waltzing Mechanics, Chicago, IL- Actor  
*Moving Stories*, The Living Room Playmakers, Chicago, IL- Actor

2015-17

*Table For Two*, Prop Theatre, Chicago, IL- Producer, Performer, Creator  
*Havana Nights (Large-scale circus event)*, Carnivale, Chicago, IL- Emcee/Performer  
*Quest (Winter Circus show)*, The Actors Gymnasium, Evanston, IL- Actor, Musician, Acrobat  
*Lulu*, Silent Theatre, Chicago, IL- Actor  
*Theater Unspeakable*, National Tour, Lincoln Center, Kennedy Center- Company Member, Actor

2013-14

*Borrowed from the Sea*, La MaMa E.T.C. Puppet Slam, NYC, NY- Puppeteer  
*The Seagull*, Columbia University, NYC, NY- Polina  
*Symphony of the Fourth Dimension*, Centrifuge Arts Collaborative, NYC, NY-  
Founding Member/Movement Director  
*The Shadow War*, We Theater, Minneapolis, MN- Actor  
*Homage*, Venus Theater Festival, NYC, NY- Actor, Musician

2010-12

*One Extraordinary Day*, STREB, 2012 London Olympics, London, UK- Aerialist, Dance Captain  
*Die Meistersinger*, Royal Opera House, London, UK- Actor, Dancer, Fighter  
*Swifter, Higher, Stronger*, Roundhouse Theatre, London- Actor, Acrobat, Deviser  
*Relax Your Face*, UK, and European Tour- Founding Company Member, Performer

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## **Awards/Nominations/Residencies**

**Kennedy Center 2024 American College Theatre Festival-** Citizen Artist Award, Ricochet (Director)  
**Wake Tech Community College, NC-** 2023, Guest Artist Director  
**Broadway World Raleigh Awards, NC-** 2023, Best Director (Nomination, The Girl Who Swallowed a Cactus)  
**The National Women's Theatre Festival, NC-** 2023, Best Direction (Table For Two)  
**University of California, Davis-** 2023, Athletic Hall of Fame Inductee, Gymnastics  
**Facility Theatre, Chicago, IL-** 2022, Directing Residency  
**Links Hall, Chicago, IL-** 2019, Co-Mission Artist/Directing Residency  
**Northern California Gymnastics Choreographer of the Year-** 2016

## **Specialized Training**

**Teaching Clown Certification-** The Clown School, Virtual, Current- Feb. 2025  
**Unarmed Combat Certification/Theatrical Application of Unarmed-** Jeff Jones, Raleigh, NC, 2024  
**Voice and Pedagogy (Wolfsohn/Hart)-** Kevin Crawford, Virtual, 2024  
**Consent-Forward Artist Certificate-** IDC, Virtual, 2023  
**Stage Combat-** Rapier, Private Coaching, Jess Pennachio (SAFD), Chicago, IL, 2023  
**The Invisible Clown-** Misha Usov, Cirque du Soleil, Virtual, 2022  
**Bouffant Workshop-** Eric Davis (Red Bastard), Virtual, 2022  
**Meisner Technique-** The Artistic Home, Chicago, IL 2022  
**Gibberish Workshop-** Carlos Gallegos, The Clown School, Virtual, 2022  
**Bringing Voice Together (Wolfsohn/Hart)-** Kevin Crawford, Virtual, 2021  
**Clown Workshop-** Joana Barbosa, Casa 11, Virtual, 2021  
**Corporeal Mime-** Theatre de l'Ange Fou, Chicago, IL, 2020  
**RYS200 Hour Yoga Teaching Certification Program-** Zen Yoga Garage, Chicago, IL, 2018  
**Odin Teatret, Cohabitation of Actor and Director-** Eugenio Barba, Holstebro, Denmark, 2018  
**Old Town School of Folk Music-** Guitar, Level 1-3, 2018-2022  
**Aerial Arts, Circus Summer Intensive-** Actors Gymnasium, Evanston, IL, 2016-17  
**Dynamic Life Movement Intensive Workshop-** Dance Alive, Los Angeles, CA, 2015  
**View Points and Suzuki, Summer Intensive-** SITI Company, Saratoga Springs, NY, 2014  
**Private singing lessons, Musical Theatre-** NYC, NY, 2013  
**Argentine Tango, 4 Month Intensive-** Andrea Genta, Montevideo, UR, 2013  
**National Center For Circus Arts (Formerly Circus Space)-** Flying Trapeze, London, UK, 2011-12  
**Blind Summit Workshop, Bunraku Puppets-** Cambridge, UK, 2011  
**Punch Drunk, Immersive Theater Practitioners Workshop-** London, UK, 2011  
**Ghecko Theater Devising Master Class Series-** Amit Lahav, London, UK, 2010  
**Wired Aerial Week Intensive, Aerial Dance-** Liverpool, UK, 2010  
**Alexander Technique-** Illan Reichel, London, UK, 2007-2009  
**Private Opera Lessons-** Arezzo, Italy, 2006  
**Familie Floz, Full Headed Masks-** Hajo Shuler, Arezzo, Italy, 2006

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**Red Nose Clown-** Paco Gonzalez, Arezzo, Italy, 2006

**Commedia dell'arte-** Teatro Punto, Carlos Garcia Estevez, Arezzo, Italy, 2006

**Red Nose Clown-** Patty Gallagher, Santa Cruz, CA, 2005

**Indonesian Puppetry and Mask-** Kathy Foley, Santa Cruz, CA, 2005

**Acting On Camera-** Ralph Peduto, Santa Cruz, CA, 2005

### **Music/Film**

*Locke Management*, Greensboro, NC- Commercial Talent

*Nick Dufloth Band*, Chicago, IL- 2018-19, Singer/Guitarist

*Master Play*, Chicago, IL- 2018, Cabaret Jazz Singer

*Blacksite: The Musical!*, Soft Cage Films, Chicago, IL- 2018, Dancer

*Lulu*, Silent Theatre, Chicago, IL- 2016, Actor/Dancer/Deviser

*Brooklyn Blues*, Instant Film, NYC, NY- 2014, Lead Actor, Writer

*A Pick and a Hoe*, London, UK- 2012, Singer/Guitarist